

# **Stoughton Wellness Coalition**

# Mission Statement

The Stoughton Wellness Coalition promotes healthy lifestyle choices and reduces youth substance use.



## Who We Are

#### Our Beliefs:

The Stoughton Wellness Coalition believes local problems require local solutions. The entire community is responsible for working together to address youth substance use. Together we create a healthier community.

### Our Goals:

- 1. Community collaboration
- 2. Reduce youth substance use

#### What We Do:

- Medication Disposal, sharps collection, and safe storage in the home.
- Alternative youth activities, youth engagement and leadership development in partnership with Stoughton Area School District and area youth serving organizations.
- Community education and awareness events.



## Contact

To get involved call:

(608)877-3474 info@StoughtonWellness.Org Or

http://facebook.com/ StoughtonWellnessCoalition

Updated12-7-21